



11 - Meisjes Minioren 5 (2001 - 10 jr)

Meisjes, Meisjes Minioren 5

					25m	100m	50m
1.	Ruiter de, Anniek	01 09-044	945	3	15.37	1:17.81	33.45
2.	Middelbos, Manon	01 11-058	773	3	16.54	1:21.46	36.23
3.	Khelawan, Rosha	01 09-004	672	3	16.87	1:30.93	37.02
4.	Bellaart, Amber	01 07-017	620	3	17.51	1:29.07	39.09
5.	Eveleens, Sam	01 07-017	604	3	18.22	1:27.46	39.19
6.	Zanten van, Emma	01 07-017	382	2	18.02	1:30.55	
7.	Visser, Ylva	01 09-004	371	2	17.82	1:33.78	
8.	Kliffen, Demi	01 07-017	370	2	18.12	1:32.17	
9.	Biskup, Leyla	01 3806	323	2	18.30	1:41.00	
10.	Berg van den, Isa	01 07-017	274	2	19.55	1:44.95	
11.	Pienaar, Robin	01 09-004	266	2	20.02	1:44.24	

12 - Meisjes Junioren 1 (2000 - 11 jr)

Meisjes, Meisjes Junioren 1

					200m	50m	100m
1.	Hartog den, Isabelle	00 09-004	1197	3	2:33.75	31.00	1:09.32
2.	Bal, Jasmijn	00 11-022	1115	3	2:43.50	31.96	1:08.23
3.	Verhoeven, Michelle	00 08-047	1093	3	2:40.45	32.58	1:09.34
4.	Knetemann, Naomi	00 11-004	957	3	2:41.75	34.29	1:14.38
5.	Zijderveld, Chantalle	00 11-004	931	3	2:41.79	34.60	1:15.80
6.	Hobe, Sanne	00 11-022	601	2	2:47.30	34.41	
7.	Kruger, Babet	00 06-023	574	2	2:48.08	35.32	
8.	Berkel van, Iris	00 09-004	572	2	2:50.22	34.94	
9.	Tromp, Laura	00 11-004	533	2	2:52.94	36.05	
10.	Reehorst, Esra	00 11-004	526	2	2:59.03	35.21	
11.	Rotz von, Jade	00 11-004	495	2	2:56.83	37.01	
12.	Weeda, Lisanne	00 11-004	471	2	2:55.10	38.75	
13.	Middelkoop, Layla	00 11-004	459	2	3:02.53	37.68	
14.	Ebbinghe, Isaa	00 07-017	455	2	2:59.23	38.68	
15.	Zitter, Sanne	00 06-023	400	2	3:11.92	39.32	
16.	Gool van, Zoe	00 11-004	381	2	3:09.20	41.23	
17.	Seising, Lisanne	00 06-023	356	2	3:15.86	41.57	
18.	Smidt, Bobbi	00 11-004	312	2	3:29.66	42.54	
19.	Kooten van, Marit	00 06-023	309	2	3:27.39	43.24	
20.	Dommelen van, Beau	00 07-017	298	2	3:37.77	42.38	
21.	Brink van den, Sanne	00 09-004	252	2	3:46.25	45.36	

13 - Meisjes Junioren 2 (1999 - 12 jr)

Meisjes, Meisjes Junioren 2

					200m	50m	100m
1.	Kuijlaars, Katja	99 11-075	1317	3	2:26.91	30.49	1:07.00
2.	Vork, Fabienne	99 07-017	1232	3	2:31.09	31.58	1:07.32
3.	Boor van der, Isabel	99 11-075	1200	3	2:29.02	32.58	1:07.96
4.	Vieira, Alisha	99 11-075	1173	3	2:35.15	31.07	1:09.94
5.	Middelbos, Lotte	99 11-058	1028	3	2:37.53	33.59	1:12.63
6.	Kraats van de, Amber	99 06-023	583	2	2:47.73	35.03	
7.	Verkerk, Janine	99 06-023	572	2	2:49.33	35.11	
8.	Mommers, Eva	99 09-004	517	2	2:56.07	36.11	
9.	Koedoot, Maaïke	99 09-004	489	2	2:56.50	37.37	
10.	Kalmeijer, Manon	99 09-004	472	2	3:05.61	36.48	
11.	Leeuwen van, Ember	99 09-004	375	2	3:16.29	40.13	
12.	Möller, Franziska	99 3806	345	2	3:26.39	40.50	



13. Hazelebach, Cornalijn	99	09-004	281	2	3:45.02	42.66
DIS Sterenborg, Sterre	99	06-023	-	2	2:42.94	*
DIS Punt, Merel	99	11-022	-	1	*	

14 - Meisjes Junioren 3 (1998 - 13 jr)

Meisjes, Meisjes Junioren 3

				200m	50m	100m	
1. Busch, Kim	98	11-075	1635	3	2:18.48	28.21	1:01.89
2. Advocaat, Sanne	98	11-075	1577	3	2:18.73	28.54	1:03.29
3. Eijkelenboom, Charlotte	98	11-075	1386	3	2:23.23	30.45	1:05.42
4. Meulenbroek, Michelle	98	07-017	1350	3	2:27.53	29.93	1:06.28
5. Bruijgoms, Tessa	98	11-075	1272	3	2:25.64	31.45	1:07.86
6. Rkman, Cindy	98	11-075	812	2	2:39.03	29.87	
7. Ebbing, Luca	98	07-017	774	2	2:34.94	31.42	
8. Valen van, Miranda	98	11-004	726	2	2:31.36	33.62	
9. Huisman, Simone	98	07-017	694	2	2:38.79	32.95	
10. Zethof, Cheryl	98	07-017	693	2	2:37.93	33.14	
11. Duits, Eileen	98	09-044	638	2	2:42.89	33.93	
12. Schneider, Beate	98	3806	622	2	2:43.98	34.31	
13. Boegheim, Lianne	98	09-044	601	2	2:51.25	33.70	
14. Hoang, Trang	98	11-004	594	2	2:46.33	34.88	
15. Paans, Larissa	98	11-004	590	2	2:47.94	34.72	
16. Rosenthal, Fiona	98	3806	575	2	2:50.13	34.86	
17. Kersting, Alina	98	3806	552	2	2:54.60	34.94	
18. Klatt, Tabea	98	3806	544	2	2:53.01	35.55	
19. Roo de, Lonneke	98	11-004	533	2	2:52.70	36.09	
20. Brink van den, Tamara	98	09-004	526	2	2:57.16	35.57	
21. Rolloos, Esmée	98	09-004	507	2	2:59.13	36.05	
22. Houweling, Eveline	98	09-004	488	2	3:02.73	36.25	

16 - Meisjes Jeugd 2 (1996 - 15 jr)

Meisjes, Meisjes Jeugd 2

				200m	50m	100m	
1. Grove, Tamara	96	07-017	1776	3	2:10.91	28.17	1:00.39
2. Punt, Linda	96	11-022	1452	3	2:21.09	29.76	1:04.80
3. Koot, Richelle	96	06-030	1449	3	2:26.90	29.34	1:03.45
4. Heijden van der, Melissa	96	09-004	1324	3	2:27.44	30.68	1:05.99
5. Roskam, Carmen	96	07-017	1129	3	2:33.47	32.02	1:11.22
6. Kraats van de, Chantal	96	06-023	707	2	2:35.97	33.14	
7. Kooten van, Tamara	96	06-023	700	2	2:41.97	32.17	
8. Kaptein, Paulien	96	11-004	654	2	2:40.36	33.95	
9. Oudenaarden van, Jessica	96	09-004	514	2	2:54.61	36.61	
10. Smidt, Sanne	96	11-004	498	2	3:00.09	36.25	
11. Huberts, Chelsey	96	09-004	445	2	3:05.34	37.94	
DIS Brons, Suzanne	96	07-017	-	2	3:01.05	*	



15 - Meisjes Jeugd 1 (1997 - 14 jr)

Meisjes, Meisjes Jeugd 1

				200m	50m	100m
1. Geerts, Joelle	97	11-022	1638 3	2:15.70	28.78	1:01.80
2. Jonge de, Kelly	97	11-022	1554 3	2:16.69	29.12	1:03.86
3. Werk de, Aimee	97	11-022	1548 3	2:20.70	28.75	1:03.14
4. Pelt van, Tess	97	11-022	1478 3	2:20.51	29.50	1:04.52
5. Werkman, Eva	97	06-030	1433 3	2:18.81	30.77	1:04.71
6. Born van der, Eva	97	07-017	930 2	2:21.41	30.45	
7. Petersen, Anne	97	09-004	791 2	2:32.09	31.52	
8. Boelhouver, Sanne	97	11-004	759 2	2:34.35	31.92	
9. Dorsman, Elise	97	11-004	631 2	2:42.45	34.30	
10. Heidecker, Xiu Jiang	97	09-004	577 2	2:47.10	35.41	
11. Bergen van der Grijp van,	97	09-004	520 2	2:59.04	35.49	
12. Mersch, Sheila	97	09-004	471 2	3:08.77	36.07	
13. Möller, Isabel	97	3806	419 2	3:15.82	37.54	
DIS Berg van den, Juliette	97	09-004	- 2	2:39.62	*	

18 - Dames Senioren D2 (1994 - 17 jr)

Dames, Dames Senioren D2

				200m	50m	100m
1. Winter de, Claire	94	06-030	1799 3	2:13.11	27.50	1:00.02
2. Kostwinder, Krista	94	11-011	1446 3	2:20.70	29.94	1:04.91
3. Janssen, Alma	94	09-004	1233 3	2:30.59	31.01	1:08.66
4. Lampe, Aure	94	11-004	1189 3	2:28.33	31.92	1:10.18
5. Klerk de, Sharon	94	11-004	1086 3	2:40.77	32.02	1:10.78
6. Streun van, Sophie	94	09-004	490 2	3:05.55	35.72	
7. Schneider, Kristin	94	3806	453 2	3:03.96	37.78	

19 - Dames Senioren (1993 en eerder - 18 jr en ouder)

Dames, Dames Senioren

				200m	50m	100m
1. Hutten, Ela	93	11-075	1932 3	2:06.91	27.35	59.00
2. Groot de, Petra	87	09-004	1777 3	2:09.42	28.45	1:00.51
3. Siegers, Kris	93	09-004	1673 3	2:13.60	28.74	1:01.58
4. Boereboom, Denise	92	09-004	1624 3	2:14.73	28.81	1:02.71
5. Lampe, Myrthe	90	11-004	1342 3	2:22.71	31.14	1:06.34
6. Versteeg, Esther	83	09-004	908 2	2:23.47	30.49	
Janssen, Linda	88	09-004	908 2	2:25.83	30.00	
8. Brouwer, Daniëlle	93	07-017	876 2	2:26.82	30.52	
9. Kommers, Marijke	93	09-004	862 2	2:22.48	31.89	
10. Lampe, Maryse	87	11-004	861 2	2:29.49	30.32	



22 - Jongens Minioren 5 (2001 - 10 jr)

Jongens, Jongens Minioren 5

					25m	100m	50m
1. Kroon, Luc	01	08-047	766	3	14.63	1:10.83	31.52
2. Hartog den, Merlijn	01	09-004	593	3	15.79	1:18.23	34.15
3. Spoor, Daen	01	06-023	500	3	16.06	1:25.99	36.30
4. Moens, Rick	01	07-017	385	3	17.93	1:32.60	39.17
5. Kersting, Marvin	01	3806	382	3	17.49	1:34.28	39.93

24 - Jongens Junioren 1 (1999 - 12 jr)

Jongens, Jongens Junioren 1

					50m	200m	100m
1. Bond, Max	99	06-030	935	3	29.58	2:27.66	1:06.52
2. Tanis, Jorian	99	11-058	788	3	32.07	2:31.81	1:10.78
3. Dorsman, Rogier	99	11-004	641	3	34.76	2:42.67	1:14.94
4. Boer de, Tijn	99	07-017	558	3	35.05	2:55.42	1:19.03
5. Paardekooper, Joost	99	06-023	461	3	37.93	3:01.43	1:25.67

25 - Jongens Junioren 2 (1998 - 13 jr)

Jongens, Jongens Junioren 2

					50m	200m	100m
1. Bougrimov, Dennis	98	11-075	1264	3	26.88	2:15.82	58.95
2. Sommeling, Bart	98	07-017	1035	3	29.86	2:19.08	1:03.32
3. Ooijik van, Leroy	98	06-023	1025	3	29.80	2:19.47	1:03.84
4. Geelen, Stijn	98	11-075	990	3	29.38	2:23.24	1:05.16
5. Voll, Rainier	98	11-004	956	3	29.90	2:23.90	1:06.01
6. Vermeeren, Aage	98	07-017	528	2	30.66	2:40.26	
7. Herk van, Jos	98	06-023	505	2	32.75	2:34.20	
8. Zorg, Willem	98	09-004	495	2	30.15	2:52.79	
9. Grol van, Roel	98	09-044	481	2	32.55	2:40.04	
10. Klerk de, Ids	98	09-004	428	2	32.70	2:52.99	

26 - Jongens Junioren 3 (1997 - 14 jr)

Jongens, Jongens Junioren 3

					50m	200m	100m
1. Tol, Levi	97	08-047	1289	3	26.79	2:14.57	58.52
2. Hubregtse, Sven	97	11-011	1276	3	27.17	2:11.46	59.61
3. Mercado de, Rick	97	07-017	1272	3	27.42	2:11.83	59.13
4. Bovenkamp van de, Mike	97	06-023	1209	3	27.72	2:13.60	1:00.65
5. Leeuwen van, Ruben	97	06-023	1177	3	27.87	2:15.63	1:01.08
6. Hoof van, Floyd	97	09-004	768	2	28.28	2:14.95	
7. Bovenkamp van der, Brian	97	06-023	740	2	28.13	2:18.92	
8. Heij van der, Virgill	97	11-075	737	2	28.25	2:18.88	
9. Minnigh, Ian	97	09-004	731	2	28.34	2:19.16	
10. Hogerwerf, Roberto	97	11-004	597	2	31.38	2:24.09	
11. Paardekooper, Rick	97	06-023	538	2	31.96	2:31.38	
12. Danckaarts, Gabriel	97	11-004	537	2	32.10	2:30.86	
13. Hees van, Bas	97	11-022	536	2	31.48	2:34.11	
14. Huynh, Leon	97	06-023	426	2	34.08	2:45.82	
15. Slagmolen, Kevin	97	09-004	364	2	35.66	2:55.73	
16. Jongeleen, Jeroen	97	11-004	350	2	35.04	3:04.58	



27 - Jongens Junioren 4 (1996 - 15 jr)

Jongens, Jongens Junioren 4

				50m	200m	100m
1. Jong de, Wessel	96	07-017	1444 3	26.17	2:07.14	56.57
2. Duyvenbode van, Floyd	96	11-011	1338 3	26.63	2:08.03	59.55
3. Broekhuizen, Aron	96	11-022	1289 3	27.01	2:13.84	58.37
4. Weel van der, Jordi	96	11-011	1260 3	27.45	2:10.33	1:00.34
5. Zijlstra, Evert	96	11-022	1221 3	27.56	2:14.19	1:00.17
6. Houweling, Martijn	96	09-004	766 2	28.65	2:13.55	
7. Milt van, Pim	96	11-004	712 2	28.45	2:21.13	
8. Bosklopper, Bob	96	11-004	652 2	28.92	2:27.29	
DIS Röder, Niels	96	09-004	- 2	*	2:30.94	

28 - Heren Jeugd 1 (1995 16 jr)

Jongens, Heren Jeugd 1

				50m	200m	100m
1. Smit, John	95	11-075	1734 3	24.32	1:59.82	53.79
2. Tol, Ruben	95	08-047	1562 3	25.60	2:04.12	54.81
3. Bravenboer, Mike	95	11-022	1386 3	26.37	2:08.28	57.94
4. Mannetje 't, Jordi	95	11-011	1248 3	27.72	2:10.74	1:00.15
5. Mercado de, Martijn	95	07-017	1223 3	27.57	2:12.44	1:00.89
6. Joore, Indi	95	06-030	816 2	28.01	2:11.03	
7. Nap, Jelle	95	06-023	784 2	28.27	2:13.29	
8. Bos, Roy	95	11-004	773 2	28.74	2:12.58	
9. Steenbergen, Stefan	95	09-004	637 2	29.01	2:29.16	
DIS Bom, Mitchel	95	09-004	- 2	*	2:17.99	

29 - Heren Jeugd 2 (1994 - 17 jr)

Jongens, Heren Jeugd 2

				50m	200m	100m
1. Puts, Jesse	94	06-030	1737 3	24.69	1:58.58	53.45
2. Moolhuijsen, Vincent	94	07-017	1670 3	25.02	2:00.19	54.16
3. Beusekom van, Emiel	94	09-004	1277 3	27.17	2:11.99	59.34
4. Aantjes, Jorian	94	09-004	1121 3	26.75	2:24.87	1:03.01
5. Olffen van, Dylan	94	11-058	1009 3	29.00	2:25.01	1:03.96

32 - Heren Senioren (1991 en eerder - 20 jr en ouder)

Heren, Heren Senioren

				50m	200m	100m
1. Plaat van der, Arjan	86	11-075	1939 3	23.66	1:55.16	51.45
2. Baars, Mark	85	11-075	1873 3	24.15	1:54.13	52.68
3. Ghali, Emiel	87	09-004	1371 3	26.17	2:11.75	57.53
4. Hoorn van, Martijn	89	11-058	1350 3	25.73	2:17.18	57.42
5. Bellaart, Arjan	69	07-017	1270 3	27.18	2:12.20	59.54
6. Nickel, Thommy	84	09-004	860 2	26.84	2:11.82	
7. Oosten van, Edgar	91	09-004	798 2	27.18	2:16.89	
8. Albrechts, Niels	88	11-058	761 2	27.70	2:18.60	



21 - Jongens Minioren 3 en 4 (2003/2002 - 8/9 jr)

Jongens, Jongens Minioren 3 en 4

					25m	100m	50m
1. Berg van den, Brandon	02	11-022	690	3	14.92	1:14.09	32.77
2. Bal, Sebastiaan	02	11-022	582	3	15.50	1:19.27	35.00
3. Weening, Thomas	02	07-017	489	3	15.98	1:26.49	37.23
4. Seising, Danny	02	06-023	387	3	18.51	1:30.68	38.50
5. Vos, Finn	02	07-017	384	3	18.29	1:31.10	39.12
6. Huynh, Anthony	02	06-023	217	2	19.59	1:32.14	
7. Davids, Sven	02	09-004	162	2	20.80	1:45.46	
8. Bacchis, Luca	03	07-017	161	2	20.13	1:49.97	
9. Mommers, Ard	02	09-004	144	2	20.89	1:54.21	

31 - Heren Senioren H1 en H2 (1993/1992 - 18/19 jr)

Heren, Heren Senioren H1 en H2

					50m	200m	100m
1. Baars, Jeroen	92	11-075	1781	3	24.07	1:58.75	53.35
2. Hofstede, Anshel	93	09-004	1540	3	25.71	2:03.07	55.79
3. Hondel van den, Mark	92	09-044	1220	3	27.03	2:16.70	1:00.33
4. Beusekom van, Robin	92	09-004	1113	3	28.42	2:18.75	1:01.93
5. Slagmolen, Mark	93	09-004	961	3	29.69	2:25.65	1:05.35
6. Durinck, Jeroen	93	11-004	586	2	29.57	2:34.93	

10 - Meisjes Minioren 3 en 4 (2003/2002 - 8/9 jr)

Meisjes, Meisjes Minioren 3 en 4

					25m	100m	50m
1. Bernard, Danique	02	08-047	881	3	15.64	1:18.06	35.13
2. Tanis, Elise	02	11-058	829	3	16.13	1:19.78	35.39
3. Sommeling, Jane	02	07-017	589	3	18.13	1:29.97	39.26
4. Giessen van der, Sanna	02	11-022	578	3	18.19	1:31.65	39.26
5. Celie, Amber	03	07-017	442	3	20.23	1:37.37	43.20
6. Wal van der, Isa	02	09-004	283	2	18.82	1:48.27	
7. Hesper, Amber	02	09-004	279	2	19.48	1:44.27	
8. Hilgers, Anouk	02	07-017	270	2	19.99	1:43.00	
9. Brink van der, Lisa	02	09-004	266	2	19.52	1:47.92	
10. Ebbinge, Rosa	02	07-017	259	2	20.06	1:45.92	
11. Visser, Yara	03	09-004	248	2	20.39	1:47.28	
12. Agussalim, Christina	03	09-004	224	2	20.93	1:51.96	
13. Rademaker, Yrsa	02	07-017	178	2	24.18	1:51.95	
14. Haverkamp, Beau	03	09-004	156	2	23.34	2:08.83	



17 - Dames Senioren D1 (1995 - 16 jr)

Meisjes, Dames Senioren D1

				200m	50m	100m	
1. Ligtvoet, Rosanne	95	11-075	1577	3	2:16.24	28.97	1:03.51
2. Rolloos, Giulia	95	09-004	1386	3	2:23.02	30.54	1:05.32
3. Kommers, Saskia	95	09-004	1358	3	2:23.04	31.54	1:04.73
4. Gool van, Naomi	95	11-004	1186	3	2:31.16	31.90	1:09.06
5. Roo de, Sanne	95	11-004	983	3	2:37.00	34.64	1:14.09
6. Vries de, Annerieke	95	09-004	492	2	2:57.92	36.95	
7. Lipka, Ann-Kathrin	95	3806	470	2	3:01.95	37.26	
8. Koot, Nathalie	95	09-004	448	2	3:08.32	37.24	
9. Kriesch, Ilja	95	09-004	386	2	3:23.02	38.38	

23 - Jongens Minioren 6 (2000 - 11 jr)

Jongens, Jongens Minioren 6

				50m	200m	100m	
1. Weening, Dennis	00	07-017	967	3	29.41	2:24.86	1:05.89
2. Boom, Luke	00	11-004	687	3	33.30	2:43.08	1:12.79
3. Paasse, Aron	00	11-058	680	3	33.60	2:42.07	1:13.31
4. Huynh, Andy	00	06-023	631	3	34.76	2:43.50	1:15.83
5. Jongh de, Mark	00	11-004	619	3	34.56	2:44.61	1:17.01
6. Bechtold, Jeroen	00	09-004	391	2	34.43	2:53.60	
7. Haaren van, Duncan	00	09-044	375	2	35.37	2:53.78	
8. Gool van, Aidan	00	11-004	328	2	37.42	2:59.50	
9. Born van der, Sebastian	00	07-017	290	2	39.84	3:03.67	
10. Gool van, Liam	00	11-004	279	2	38.18	3:16.33	
11. Kooten van, Mike	00	06-023	244	2	40.67	3:21.01	