

Totaal Klassement

			Vlinder	School	Rug	Vrij	Totaal
			(tijd-punten)	(tijd-punten)	(tijd-punten)	(tijd-punten)	
j. minioren 6							
1	Bernard Rivard	WVZ	0.38.25 / 38.25	0.43.82 / 43.82	0.38.29 / 38.29	0.31.96 / 31.96	152.32
2	Joost de Roy van Zuyd	WVZ	0.41.77 / 41.77	0.43.66 / 43.66	0.44.14 / 44.14	0.34.59 / 34.59	164.16
3	Otto Pranger	De Zeehond '73	0.39.05 / 39.05	0.51.35 / 51.35	0.39.97 / 39.97	0.34.08 / 34.08	164.45
4	Erik Speksnijder	ZPB H&L Productions	0.44.35 / 44.35	0.45.61 / 45.61	0.41.54 / 41.54	0.35.31 / 35.31	166.81
5	Rolf Bavelaar	D'Elft	0.42.33 / 42.33	0.49.22 / 49.22	0.41.62 / 41.62	0.34.28 / 34.28	167.45
6	Dylan Kalden	De Duck	0.41.38 / 41.38	0.49.05 / 49.05	0.42.33 / 42.33	0.34.78 / 34.78	167.54
7	Max Reinders	D'Elft	0.46.42 / 46.42	0.42.92 / 42.92	0.43.75 / 43.75	0.38.02 / 38.02	171.11
8	Sander van Beek	NZ&PC	0.40.20 / 40.20	0.50.08 / 50.08	0.47.20 / 47.20	0.34.28 / 34.28	171.76
9	Daniel Apperloo	De Watervogels	0.48.89 / 48.89	0.47.00 / 47.00	0.46.98 / 46.98	0.37.80 / 37.80	180.67
10	Marijn in 't Veld	MNC Dordrecht	0.55.67D / 58.67	0.51.26 / 51.26	0.42.71 / 42.71	0.35.53 / 35.53	188.17
11	Malo Ranzetti	ZC Ooievaar (SG)	0.46.24 / 46.24	0.54.35 / 54.35	0.46.62 / 46.62	0.41.02 / 41.02	188.23
12	Toni Zaat	De Watervogels	0.52.31D / 55.31	0.51.01 / 51.01	0.46.27 / 46.27	0.38.00 / 38.00	190.59
j. junioren 1							
1	Ryan van den Ouden	Poseidon'56	0.35.56 / 35.56	0.40.49 / 40.49	0.36.29 / 36.29	0.31.01 / 31.01	143.35
2	Vincent Poldervaart	De Zeehond '73	0.35.32 / 35.32	0.44.64 / 44.64	0.36.82 / 36.82	0.31.77 / 31.77	148.55
3	Reinier Wertenbroek	NZ&PC	0.36.84 / 36.84	0.41.93 / 41.93	0.40.00 / 40.00	0.32.14 / 32.14	150.91
4	Stefan Weegink	WVZ	0.38.64 / 38.64	0.44.56 / 44.56	0.36.46 / 36.46	0.32.34 / 32.34	152.00
5	Melvin van Nassau	MNC Dordrecht	0.36.61 / 36.61	0.48.75 / 48.75	0.35.36 / 35.36	0.31.94 / 31.94	152.66
6	Raoul v. Dien	ZC Ooievaar (SG)	0.44.03 / 44.03	0.45.48 / 45.48	0.37.16 / 37.16	0.32.94 / 32.94	159.61
7	Stan Verrijp	Numansdorp	0.40.21 / 40.21	0.45.59 / 45.59	0.41.40 / 41.40	0.32.95 / 32.95	160.15
8	Tim Straathof	ZOB'66	0.42.53 / 42.53	0.44.00 / 44.00	0.41.67 / 41.67	0.34.27 / 34.27	162.47
9	Patrick Buist	ZPB H&L Productions	0.44.83 / 44.83	0.45.75 / 45.75	0.43.48 / 43.48	0.34.95 / 34.95	169.01
j. junioren 2							
1	Dennis Bougrimov	MNC Dordrecht	0.28.10 / 28.10	0.33.88 / 33.88	0.33.63 / 33.63	0.25.82 / 25.82	121.43
2	Remco van Velzen	De Zeehond '73	0.30.57 / 30.57	0.36.45 / 36.45	0.31.83 / 31.83	0.27.37 / 27.37	126.22
3	Linquendo van der Kloof	ZPB H&L Productions	0.32.35 / 32.35	0.34.89 / 34.89	0.33.87 / 33.87	0.28.09 / 28.09	129.20
4	Stijn Geelen	MNC Dordrecht	0.32.59 / 32.59	0.34.40 / 34.40	0.35.77 / 35.77	0.29.48 / 29.48	132.24
5	Jordy v. Oel	ZC Ooievaar (SG)	0.31.59 / 31.59	0.40.12D / 43.12	0.31.75 / 31.75	0.28.23 / 28.23	134.69
6	Max Muller	De Geul	0.32.87 / 32.87	0.41.85 / 41.85	0.34.68 / 34.68	0.29.51 / 29.51	138.91
7	Bas van Middelkoop	De Geul	0.34.65 / 34.65	0.40.75 / 40.75	0.39.04 / 39.04	0.29.14 / 29.14	143.58
8	Ben Muller	De Geul	0.33.22D / 36.22	0.40.83 / 40.83	0.34.41 / 34.41	0.36.32 / 36.32	147.78
9	Sebastian van der Led	D'Elft	0.39.02 / 39.02	0.40.97 / 40.97	0.37.57 / 37.57	0.31.70 / 31.70	149.26
10	Alex Boer	ZC Ooievaar (SG)	0.35.44 / 35.44	0.44.35 / 44.35	0.38.66 / 38.66	0.31.72 / 31.72	150.17
11	Rowan de Voogt	De Duck	0.38.36 / 38.36	0.41.66 / 41.66	0.40.69 / 40.69	0.33.32 / 33.32	154.03
j. junioren 3							
1	Mike Hoek	De Duck	0.29.48 / 29.48	0.37.30 / 37.30	0.31.18 / 31.18	0.26.85 / 26.85	124.81
2	Thomas Verhoeven	De Geul	0.29.75 / 29.75	0.36.96 / 36.96	0.32.23 / 32.23	0.27.50 / 27.50	126.44
3	Patrick Wyrdean	ZC Ooievaar (SG)	0.31.44 / 31.44	0.36.79 / 36.79	0.32.76 / 32.76	0.27.86 / 27.86	128.85
4	Mike Kouwenhoven	Wiekslag	0.32.22 / 32.22	0.38.66 / 38.66	0.31.56 / 31.56	0.27.67 / 27.67	130.11
5	Jeroen Bestebreur	Numansdorp	0.33.16 / 33.16	0.36.30 / 36.30	0.32.73 / 32.73	0.30.71 / 30.71	132.90
6	Kishen Kanhai	WVZ	0.33.72 / 33.72	0.38.25 / 38.25	0.34.30 / 34.30	0.28.08 / 28.08	134.35
7	Jimmy Dukker	D'Elft	0.34.82 / 34.82	0.38.92 / 38.92	0.34.19 / 34.19	0.28.59 / 28.59	136.52
8	Robin van Beek	NZ&PC	0.33.76 / 33.76	0.42.30 / 42.30	0.34.00 / 34.00	0.29.75 / 29.75	139.81
9	Samuel Us	WZK	0.33.82 / 33.82	0.40.67 / 40.67	0.36.32 / 36.32	0.30.22 / 30.22	141.03
10	Yanick Uittenbogaard	Poseidon'56	0.36.65 / 36.65	0.39.31 / 39.31	0.39.44 / 39.44	0.30.97 / 30.97	146.37
11	Bas van Hees	Poseidon'56	0.36.69 / 36.69	0.42.53 / 42.53	0.37.73 / 37.73	0.31.35 / 31.35	148.30
12	Richard Wilson	WZK	0.34.83 / 34.83	0.45.79D / 48.79	0.35.85 / 35.85	0.30.44 / 30.44	149.91
13	Johan Speksnijder	ZPB H&L Productions	0.39.69 / 39.69	0.48.79 / 48.79	0.42.44 / 42.44	0.34.35 / 34.35	165.27

			Vlinder (tijd-punten)	School (tijd-punten)	Rug (tijd-punten)	Vrij (tijd-punten)	Totaal
j. junioren 4							
1	Yamiko Steenhoek	ZOB'66	0.27.03 / 27.03	0.31.57 / 31.57	0.29.05 / 29.05	0.25.41 / 25.41	113.06
2	Jesse de Win	De Geul	0.30.39 / 30.39	0.34.25 / 34.25	0.31.13 / 31.13	0.27.16 / 27.16	122.93
3	Erik van Lopik	PCG	0.29.86 / 29.86	0.36.27 / 36.27	0.32.32 / 32.32	0.26.39 / 26.39	124.84
4	Leon de Vries	ZPB H&L Productions	0.29.21 / 29.21	0.37.41 / 37.41	0.32.35 / 32.35	0.26.44 / 26.44	125.41
5	Aron Broekhuizen	Poseidon'56	0.30.15 / 30.15	0.36.96 / 36.96	0.33.52 / 33.52	0.26.69 / 26.69	127.32
6	Evert Zijlstra	Poseidon'56	0.30.48 / 30.48	0.36.04 / 36.04	0.33.85 / 33.85	0.27.38 / 27.38	127.75
7	Tim 's Gravemade	De Duck	0.32.20 / 32.20	0.37.87 / 37.87	0.32.77 / 32.77	0.27.81 / 27.81	130.65
8	Joey van der Valk	ZOB'66	0.33.86 / 33.86	0.39.27 / 39.27	0.36.89 / 36.89	0.30.00 / 30.00	140.02
9	Timo Korbee	NZ&PC	0.35.31 / 35.31	0.41.70 / 41.70	0.35.39 / 35.39	0.28.10 / 28.10	140.50
10	Ian van Mullem	ZOB'66	0.35.22 / 35.22	0.39.39 / 39.39	0.36.39 / 36.39	0.29.78 / 29.78	140.78
11	Francesc Varkevisser	NZ&PC	0.38.77 / 38.77	0.39.94 / 39.94	0.36.02 / 36.02	0.30.90 / 30.90	145.63
12	Richard Kuiper	ZC Ooievaar (SG)	0.36.40 / 36.40	0.39.42 / 39.42	0.38.80 / 38.80	0.33.90 / 33.90	148.52
j. jeugd 1 / 2							
1	Jeffrey Buddenberg	De Zeehond '73	0.26.96 / 26.96	0.32.40 / 32.40	0.29.98 / 29.98	0.25.07 / 25.07	114.41
2	Rick de Waard	De Zeehond '73	0.29.02 / 29.02	0.32.13 / 32.13	0.31.53 / 31.53	0.27.00 / 27.00	119.68
3	Tim Muller	De Geul	0.29.10 / 29.10	0.34.39 / 34.39	0.31.39 / 31.39	0.26.57 / 26.57	121.45
4	Bas Perik	Electrolux AZC	0.30.05 / 30.05	0.34.41 / 34.41	0.30.77 / 30.77	0.27.00 / 27.00	122.23
5	Mike Bravenboer	Poseidon'56	0.29.58 / 29.58	0.37.29 / 37.29	0.30.45 / 30.45	0.26.47 / 26.47	123.79
6	Daan Egberts	Electrolux AZC	0.29.98 / 29.98	0.35.39 / 35.39	0.32.25 / 32.25	0.26.64 / 26.64	124.26
7	Ricardo Hauber	D'Elft	0.31.95 / 31.95	0.33.69 / 33.69	0.34.65 / 34.65	0.28.48 / 28.48	128.77
8	Nils Vanwezer	WZK	0.30.48 / 30.48	0.37.02 / 37.02	0.33.82 / 33.82	0.27.99 / 27.99	129.31
9	Dennis Jansen	Noordwijkerhout	0.32.97 / 32.97	0.36.76 / 36.76	0.34.25 / 34.25	0.29.36 / 29.36	133.34
10	Youcef Alili	D'Elft	0.32.89 / 32.89	0.36.96 / 36.96	0.34.42 / 34.42	0.29.98 / 29.98	134.25
11	Sietze Noorduynd	PCG	0.33.52 / 33.52	0.37.28 / 37.28	0.36.51 / 36.51	0.27.82 / 27.82	135.13
	Ton van der Plaats	D'Elft	0.33.03 / 33.03	0.39.53 / 39.53	0.34.40 / 34.40	0.28.17 / 28.17	135.13
j. senioren 1 en eerder							
1	Walter Jansen	De Columbiaaan	0.26.06 / 26.06	0.31.34 / 31.34	0.28.77 / 28.77	0.24.62 / 24.62	110.79
2	Jordy Zuidhoek	De Columbiaaan	0.27.56 / 27.56	0.30.27 / 30.27	0.30.77 / 30.77	0.25.18 / 25.18	113.78
3	Ivan van Omme	De Geul	0.28.52 / 28.52	0.31.44 / 31.44	0.29.19 / 29.19	0.25.40 / 25.40	114.55
4	Jasper de Win	De Geul	0.27.25 / 27.25	0.33.06 / 33.06	0.30.83 / 30.83	0.25.16 / 25.16	116.30
5	Joost Rijntjes	LZ 1886	0.27.34 / 27.34	0.32.68 / 32.68	0.31.34 / 31.34	0.25.30 / 25.30	116.66
6	Marcel Noordermeer	ZOB'66	0.27.23 / 27.23	0.32.90 / 32.90	0.30.93 / 30.93	0.25.99 / 25.99	117.05
7	Nol van Thull	ZOB'66	0.28.45 / 28.45	0.33.61 / 33.61	0.29.98 / 29.98	0.25.22 / 25.22	117.26
8	Lars Sieval	LZ 1886	0.26.83 / 26.83	0.36.18 / 36.18	0.29.76 / 29.76	0.25.32 / 25.32	118.09
9	Bram Piederiet	Numansdorp	0.28.33 / 28.33	0.32.82 / 32.82	0.32.62 / 32.62	0.25.71 / 25.71	119.48
10	Maarten van der Beek	D'Elft	0.30.01 / 30.01	0.34.54 / 34.54	0.32.14 / 32.14	0.25.45 / 25.45	122.14
11	Alex Vermeulen	WZK	0.30.34 / 30.34	0.34.30 / 34.30	0.30.41 / 30.41	0.27.19 / 27.19	122.24
m. minioren 5							
1	Inge Vieveen	WVZ	---	0.39.98 / 39.98	0.38.60 / 38.60	0.31.82 / 31.82	110.40
2	Sanne Busch	MNC Dordrecht	---	0.42.86 / 42.86	0.41.20 / 41.20	0.33.31 / 33.31	117.37
3	Eline van Ruijven	LZ 1886	---	0.43.16 / 43.16	0.41.09 / 41.09	0.34.50 / 34.50	118.75
4	Claire Verkijk	WVZ	---	0.54.03 / 54.03	0.37.06 / 37.06	0.31.49 / 31.49	122.58
5	Desiré Verlaan	WVZ	---	0.47.14 / 47.14	0.41.90 / 41.90	0.35.17 / 35.17	124.21
6	Lieke Verrijp	Numansdorp	---	0.49.18 / 49.18	0.43.37 / 43.37	0.36.13 / 36.13	128.68
7	Esmee Wijnmaalen	PCG	---	0.51.01 / 51.01	0.41.70 / 41.70	0.36.89 / 36.89	129.60
8	Diana Noordermeer	De Duck	---	0.50.37 / 50.37	0.44.43 / 44.43	0.36.04 / 36.04	130.84
9	Misty de Voogt	De Duck	---	0.48.18 / 48.18	0.46.33 / 46.33	0.36.44 / 36.44	130.95
10	Esmee Roodenburg	De Geul	---	0.49.53 / 49.53	0.46.18 / 46.18	0.36.54 / 36.54	132.25

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11	Iris van Wetten	Noordwijkerhout	---	0.47.27 / 47.27	0.47.96 / 47.96	0.37.03 / 37.03	132.26
12	Isabella de Lange	DWF	---	0.51.03 / 51.03	0.46.14 / 46.14	0.35.72 / 35.72	132.89

m. junioren 1

1	Jasmijn Boon	WVZ	0.35.82 / 35.82	0.42.86 / 42.86	0.35.20 / 35.20	0.31.26 / 31.26	145.14
2	Jasmin Entezar	WVZ	0.35.21 / 35.21	0.41.57 / 41.57	0.37.27 / 37.27	0.31.74 / 31.74	145.79
3	Jasmijn Bal	Poseidon'56	0.39.29 / 39.29	0.39.37 / 39.37	0.38.13 / 38.13	0.31.61 / 31.61	148.40
4	Somalee Vrijland	De Duck	0.36.94 / 36.94	0.44.18 / 44.18	0.39.71 / 39.71	0.34.34 / 34.34	155.17
5	Anne Duivenvoorden	Noordwijkerhout	0.37.53 / 37.53	0.44.17 / 44.17	0.40.78 / 40.78	0.34.07 / 34.07	156.55
6	Sanne Hobe	Poseidon'56	0.39.22 / 39.22	0.46.41 / 46.41	0.41.03 / 41.03	0.34.14 / 34.14	160.80
7	Tatum Reppel	MNC Dordrecht	0.41.69 / 41.69	0.43.76 / 43.76	0.42.28 / 42.28	0.34.71 / 34.71	162.44
8	Marieke Lodder	Poseidon'56	0.42.65 / 42.65	0.45.48 / 45.48	0.40.40 / 40.40	0.34.48 / 34.48	163.01
9	Door van Eeden	LZ 1886	0.39.62 / 39.62	0.48.11 / 48.11	0.40.32 / 40.32	0.35.21 / 35.21	163.26
10	Lauren van IJl	WVZ	0.39.94 / 39.94	0.44.48 / 44.48	0.43.25 / 43.25	0.36.47 / 36.47	164.14
11	Astrid de Klerk	NZ&PC	0.42.97 / 42.97	0.45.65 / 45.65	0.40.76 / 40.76	0.35.36 / 35.36	164.74
12	Terri Out	De Zeehond '73	0.42.40 / 42.40	0.48.94 / 48.94	0.41.91 / 41.91	0.39.47 / 39.47	172.72

m. junioren 2

1	Isobel Bowring	WVZ	0.32.20 / 32.20	0.39.33 / 39.33	0.34.16 / 34.16	0.29.74 / 29.74	135.43
2	Isabel van der Boor	MNC Dordrecht	0.36.21 / 36.21	0.38.06 / 38.06	0.38.57 / 38.57	0.32.20 / 32.20	145.04
3	Romy de Laat	Wiekslag	0.34.31 / 34.31	0.46.60 / 46.60	0.35.12 / 35.12	0.30.26 / 30.26	146.29
4	Esmeralda van Werkho	PCG	0.35.09 / 35.09	0.40.30 / 40.30	0.38.65 / 38.65	0.32.36 / 32.36	146.40
5	Floor Eggermont	Poseidon'56	0.34.77 / 34.77	0.42.59 / 42.59	0.36.74 / 36.74	0.33.01 / 33.01	147.11
6	Nina van Maarle	LZ 1886	0.34.35 / 34.35	0.43.09 / 43.09	0.39.18 / 39.18	0.30.66 / 30.66	147.28
7	Alisha Vieira	MNC Dordrecht	0.36.64 / 36.64	0.43.98 / 43.98	0.36.73 / 36.73	0.31.41 / 31.41	148.76
8	Anouk van Weelden	PCG	0.35.84 / 35.84	0.45.00 / 45.00	0.37.51 / 37.51	0.32.61 / 32.61	150.96
9	Maaïke Baker	Noordwijkerhout	0.40.21 / 40.21	0.41.43 / 41.43	0.37.64 / 37.64	0.31.92 / 31.92	151.20
10	Ilse Wijnmaalen	PCG	0.35.21 / 35.21	0.46.61 / 46.61	0.38.81 / 38.81	0.31.78 / 31.78	152.41
11	Saskia Koolen	De Watervogels	0.43.21 / 43.21	0.42.44 / 42.44	0.39.10 / 39.10	0.31.03 / 31.03	155.78
12	Selina Nie	WZK	0.37.26 / 37.26	0.49.61 / 49.61	0.41.03D / 44.03	0.31.86 / 31.86	162.76

m. junioren 3

1	Kim Busch	MNC Dordrecht	0.30.30 / 30.30	0.35.67 / 35.67	0.34.20 / 34.20	0.28.63 / 28.63	128.80
2	Valerie van Roon	WVZ	0.32.33 / 32.33	0.37.13 / 37.13	0.33.48 / 33.48	0.29.22 / 29.22	132.16
3	Elize Bouman	Numansdorp	0.32.34 / 32.34	0.38.35 / 38.35	0.33.04 / 33.04	0.29.59 / 29.59	133.32
4	Cheyenne Visser	Wiekslag	0.33.70 / 33.70	0.38.10 / 38.10	0.33.03 / 33.03	0.29.47 / 29.47	134.30
5	Sanne Advocaat	MNC Dordrecht	0.33.14 / 33.14	0.43.48 / 43.48	0.32.71 / 32.71	0.29.06 / 29.06	138.39
6	Esmee Buddenberg	De Zeehond '73	0.33.45 / 33.45	0.38.73 / 38.73	0.35.81 / 35.81	0.30.85 / 30.85	138.84
7	Sabrina de Graaf	De Geul	0.33.75 / 33.75	0.40.70 / 40.70	0.34.83 / 34.83	0.30.11 / 30.11	139.39
8	Cindy Rkman	MNC Dordrecht	0.33.32 / 33.32	0.38.30 / 38.30	0.38.51 / 38.51	0.30.40 / 30.40	140.53
9	Raiesha Sardar	ZC Ooievaar (SG)	0.34.19 / 34.19	0.43.24 / 43.24	0.33.59 / 33.59	0.30.90 / 30.90	141.92
10	Noortje de Ronde	D'Elft	0.36.03 / 36.03	0.42.96 / 42.96	0.34.76 / 34.76	0.30.44 / 30.44	144.19
11	Diana van Halm Braam	WVZ	0.34.96 / 34.96	0.41.98 / 41.98	0.37.98 / 37.98	0.32.01 / 32.01	146.93
12	Thirza Belder	ZOB'66	0.34.87 / 34.87	0.41.00 / 41.00	0.41.51 / 41.51	0.33.14 / 33.14	150.52

m. jeugd 1

1	Joelle Geerts	Poseidon'56	0.32.58 / 32.58	0.36.39 / 36.39	0.31.84 / 31.84	0.28.07 / 28.07	128.88
2	Aimee de Werk	Poseidon'56	0.32.75 / 32.75	0.38.42 / 38.42	0.33.19 / 33.19	0.28.29 / 28.29	132.65
3	Senna Pols	De Zeehond '73	0.34.25 / 34.25	0.36.80 / 36.80	0.34.25 / 34.25	0.29.38 / 29.38	134.68
4	Sara Stefanovic	MNC Dordrecht	0.32.23 / 32.23	0.37.74 / 37.74	0.36.10 / 36.10	0.29.61 / 29.61	135.68

			Vlinder (tijd-punten)	School (tijd-punten)	Rug (tijd-punten)	Vrij (tijd-punten)	Totaal
5	Tess van Pelt	Poseidon'56	0.32.03 / 32.03	0.40.94 / 40.94	0.33.94 / 33.94	0.29.03 / 29.03	135.94
6	Kelly de Jonge	Poseidon'56	0.32.95 / 32.95	0.40.03D / 43.03	0.33.71 / 33.71	0.29.04 / 29.04	138.73
7	Indah Hijmans	ZOB'66	0.34.84 / 34.84	0.42.90 / 42.90	0.37.48 / 37.48	0.31.80 / 31.80	147.02
8	Claudia van Galen	Numansdorp	0.38.65 / 38.65	0.40.57 / 40.57	0.37.49 / 37.49	0.31.52 / 31.52	148.23
9	Astrid van Leeuwen	NZ&PC	0.37.03 / 37.03	0.42.03 / 42.03	0.39.35 / 39.35	0.31.13 / 31.13	149.54
10	Renske de Vries	SCOM	0.37.13 / 37.13	0.44.35 / 44.35	0.36.70 / 36.70	0.31.49 / 31.49	149.67
11	Maaïke Brown	WZK	0.36.41 / 36.41	0.46.56 / 46.56	0.37.19 / 37.19	0.32.29 / 32.29	152.45
12	Isobel Maddock	WZK	0.37.24 / 37.24	0.45.29 / 45.29	0.39.05 / 39.05	0.30.98 / 30.98	152.56

m. jeugd 2

1	Amber Stienstra	WVZ	0.32.76 / 32.76	0.39.42 / 39.42	0.32.46 / 32.46	0.28.16 / 28.16	132.80
2	Dominique Duesman	Electrolux AZC	0.32.23 / 32.23	0.38.26 / 38.26	0.34.14 / 34.14	0.28.38 / 28.38	133.01
3	Nicky Deijl	ZOB'66	0.34.03 / 34.03	0.36.25 / 36.25	0.34.43 / 34.43	0.29.65 / 29.65	134.36
4	Helen Nie	WZK	0.33.06 / 33.06	0.37.38 / 37.38	0.35.64 / 35.64	0.29.96 / 29.96	136.04
5	Debby Kraaijeveld	DWF	0.32.64 / 32.64	0.40.49 / 40.49	0.35.17 / 35.17	0.30.19 / 30.19	138.49
6	Karen van Dee	SCOM	0.33.94 / 33.94	0.40.79 / 40.79	0.36.01 / 36.01	0.29.27 / 29.27	140.01
7	Anne de Heer	DWF	0.35.27 / 35.27	0.40.07 / 40.07	0.35.61 / 35.61	0.29.96 / 29.96	140.91
8	Doris Kragten	PCG	0.35.88 / 35.88	0.40.26 / 40.26	0.37.44 / 37.44	0.30.75 / 30.75	144.33
9	Linda Punt	Poseidon'56	0.34.60 / 34.60	0.44.31 / 44.31	0.36.67 / 36.67	0.29.68 / 29.68	145.26
10	Zoë van der Velden	ZPB H&L Productions	0.33.70 / 33.70	0.43.54 / 43.54	0.38.42 / 38.42	0.30.94 / 30.94	146.60
11	Manisha Bakas	ZC Ooievaar (SG)	0.42.99 / 42.99	0.47.47 / 47.47	0.38.98 / 38.98	0.33.06 / 33.06	162.50
12	Gabriëlla Jahangier	ZC Ooievaar (SG)	0.44.59 / 44.59	0.46.76 / 46.76	0.45.33 / 45.33	0.36.75 / 36.75	173.43

m. senioren 1 en eerder

1	Miranda Nijenhuis	De Columbiaan	0.29.24 / 29.24	0.34.64 / 34.64	0.30.78 / 30.78	0.27.61 / 27.61	122.27
2	Liset Jansen	De Columbiaan	0.30.98 / 30.98	0.36.15 / 36.15	0.31.15 / 31.15	0.27.56 / 27.56	125.84
3	Denise Boereboom	Barracuda	0.30.62 / 30.62	0.35.84 / 35.84	0.32.92 / 32.92	0.28.93 / 28.93	128.31
4	Jaimy Lee Taskin	De Columbiaan	0.31.87 / 31.87	0.36.24 / 36.24	0.31.97 / 31.97	0.28.47 / 28.47	128.55
5	Anouk van der Pligt	ZOB'66	0.30.62 / 30.62	0.38.33 / 38.33	0.34.80 / 34.80	0.29.06 / 29.06	132.81
6	Lisanne van Velzen	De Zeehond '73	0.32.85 / 32.85	0.40.08 / 40.08	0.32.60 / 32.60	0.29.24 / 29.24	134.77
7	Ivana Lingen	Barracuda	0.31.79 / 31.79	0.37.95 / 37.95	0.35.71 / 35.71	0.29.45 / 29.45	134.90
8	Laura van Daalen	De Columbiaan	0.31.40 / 31.40	0.40.65 / 40.65	0.34.09 / 34.09	0.29.64 / 29.64	135.78
9	Leonie vd Lavoïr	Numansdorp	0.33.47 / 33.47	0.38.09 / 38.09	0.34.80 / 34.80	0.31.00 / 31.00	137.36
10	Liselotte Mulder	De Columbiaan	0.32.47 / 32.47	0.39.32 / 39.32	0.36.67 / 36.67	0.31.19 / 31.19	139.65
11	Carly Noordermeer	ZOB'66	0.33.68 / 33.68	0.40.11 / 40.11	0.37.27 / 37.27	0.30.73 / 30.73	141.79