



NK 5000 meter en NJK 800/1500 meter 2012
Amersfoort, 21.4.2012



Programmanr. 6
21.04.2012 - 15:50

Meisjes, 800m vrije slag

Junioren 1
Resultaten

Nederlands Record Junioren	8:56.79	Esmee Vermeulen	Amsterdam	27.03.2010
Nederlands Record 12 jaar	9:47.41	Karen Wammes	Amersfoort	25.06.1989
Kamp. Record Junioren 1	9:48.43	Janina Beckers	Drachten	25.04.2010

rang	naam	vereniging	inschrijftijd	startnr.	tijd	
1.	Laura van Engelen	AquAmigos	10:25.18	200000350	10:22.63	
	100m: 1:12.76	300m: 3:51.34	500m: 6:30.72	1:19.47	700m: 9:08.38	1:18.32
	200m: 2:32.43	400m: 5:11.25	600m: 7:50.06	1:19.34	800m: 10:22.63	1:14.25
2.	Amber Kerkhofs	Kimbria	10:34.09	200000074	10:25.75	
	100m: 1:12.78	300m: 3:50.77	500m: 6:30.79	1:20.01	700m: 9:09.69	1:19.23
	200m: 2:32.62	400m: 5:10.78	600m: 7:50.46	1:19.67	800m: 10:25.75	1:16.06
3.	Jasmijn Boon	WVZ	10:49.68	200001280	10:40.83	
	100m: 1:12.66	300m: 3:52.96	500m: 6:39.20	1:23.46	700m: 9:23.86	1:21.67
	200m: 2:32.72	400m: 5:15.74	600m: 8:02.19	1:22.99	800m: 10:40.83	1:16.97
4.	Marij van der Mast	SBC2000	10:48.26	200000676	10:45.06	
	100m: 1:14.20	300m: 3:55.17	500m: 6:43.19	1:24.73	700m: 9:28.66	1:22.29
	200m: 2:34.50	400m: 5:18.46	600m: 8:06.37	1:23.18	800m: 10:45.06	1:16.40
5.	Myrthe Beijen	GoSwim	11:13.98	200002350	10:48.92	
	100m: 1:12.32	300m: 3:58.43	500m: 6:47.69	1:25.14	700m: 9:33.29	1:22.11
	200m: 2:34.58	400m: 5:22.55	600m: 8:11.18	1:23.49	800m: 10:48.92	1:15.63
6.	Floor Gerritsma	TriVia	10:40.19	200002464	10:52.63	
	100m: 1:15.37	300m: 3:59.05	500m: 6:46.52	1:24.56	700m: 9:35.28	1:24.49
	200m: 2:36.65	400m: 5:21.96	600m: 8:10.79	1:24.27	800m: 10:52.63	1:17.35
7.	Amber Raadschilders	Kimbria	10:57.42	200000534	10:58.18	
	100m: 1:16.89	300m: 4:03.44	500m: 6:52.03	1:24.54	700m: 9:39.17	1:23.08
	200m: 2:39.62	400m: 5:27.49	600m: 8:16.09	1:24.06	800m: 10:58.18	1:19.01
8.	Claudia Schouten	GoSwim	10:56.07	200000812	11:01.95	
	100m: 1:15.06	300m: 4:01.36	500m: 6:52.02	1:24.93	700m: 9:42.17	1:25.35
	200m: 2:36.64	400m: 5:27.09	600m: 8:16.82	1:24.80	800m: 11:01.95	1:19.78
9.	Laura Setz	Stadskanaal	10:40.94	200000130	11:04.54	*
	100m: 1:16.90	300m: 4:06.77	500m: 6:55.34	1:24.32	700m: 9:43.49	1:24.25
	200m: 2:41.81	400m: 5:31.02	600m: 8:19.24	1:23.90	800m: 11:04.54	1:21.05
10.	Esmée van Geest	WVZ	11:31.19	200001286	11:05.37	
	100m: 1:17.49	300m: 4:06.32	500m: 6:56.62	1:25.23	700m: 9:45.90	1:23.79
	200m: 2:41.89	400m: 5:31.39	600m: 8:22.11	1:25.49	800m: 11:05.37	1:19.47
11.	Marieke van der Meer	De Columbiaan	11:07.50	200000162	11:11.18	
	100m: 1:17.85	300m: 4:06.24	500m: 6:55.62	1:25.21	700m: 9:46.86	1:25.49
	200m: 2:41.85	400m: 5:30.41	600m: 8:21.37	1:25.75	800m: 11:11.18	1:24.32
12.	Lené Doomen 200m*	TRB-RES	11:11.12	200001330	11:16.64	
	100m: 1:16.72	300m: 4:07.68	500m: 7:03.06	1:28.59	700m: 9:54.68	1:26.65
	200m: 2:42.71	400m: 5:34.47	600m: 8:28.03	1:24.97	800m: 11:16.64	1:21.96
13.	Isabelle den Hartog	Van Vliet-Barracuda	11:29.90	200002698	11:19.93	
	100m: 1:15.12	300m: 4:06.28	500m: 7:02.97	1:28.16	700m: 9:57.40	1:26.63
	200m: 2:39.89	400m: 5:34.81	600m: 8:30.77	1:27.80	800m: 11:19.93	1:22.53
14.	Britt Orchard	De Duck	11:07.88	200004102	11:21.27	
	100m: 1:20.44	300m: 4:12.88	500m: 7:05.33	1:26.29	700m: 9:58.22	1:26.34
	200m: 2:46.07	400m: 5:39.04	600m: 8:31.88	1:26.55	800m: 11:21.27	1:23.05
15.	Nicoline Schol	HoogenboomTours/BZ&PC	11:29.72	200003600	11:24.10	
	100m: 1:19.63	300m: 4:14.96	500m: 7:08.53	1:26.87	700m: 10:01.04	1:25.95
	200m: 2:47.17	400m: 5:41.66	600m: 8:35.09	1:26.56	800m: 11:24.10	1:23.06
16.	Floor Habers	Zeester-Meerval	11:33.84	200000054	11:27.93	
	100m: 1:19.41	300m: 4:14.00	500m: 7:10.06	1:28.17	700m: 10:04.80	1:26.87
	200m: 2:46.25	400m: 5:41.89	600m: 8:37.93	1:27.87	800m: 11:27.93	1:23.13
17.	Naomi Tjon-asoi	De Veene	11:36.02	200000394	11:28.14	
	100m: 1:20.37	300m: 4:14.62	500m: 7:10.43	1:28.15	700m: 10:04.14	1:26.69
	200m: 2:47.27	400m: 5:42.28	600m: 8:37.45	1:27.02	800m: 11:28.14	1:24.00
18.	Iris Tjonk	De Veene	11:26.56	200004066	11:30.69	
	100m: 1:17.94	300m: 4:15.63	500m: 7:13.15	1:28.82	700m: 10:10.03	1:28.07
	200m: 2:47.00	400m: 5:44.33	600m: 8:41.96	1:28.81	800m: 11:30.69	1:20.66
19.	Romée Spin 100m*,200m*,400m*	Losser	11:26.82	200000724	11:30.75	
	100m: 1:17.00	300m: 4:13.57	500m: 7:11.60	1:29.58	700m: 10:07.76	1:26.81
	200m: 2:44.64	400m: 5:42.02	600m: 8:40.95	1:29.35	800m: 11:30.75	1:22.99





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rang	naam	vereniging	inschrijftijd	startnr.	tijd		
20.	Naomi Knetemann	De Devel	11:31.39	200000594	11:36.43		
	100m: 1:18.39	300m: 4:14.06	1:28.93	500m: 7:12.65	1:28.77	700m: 10:11.25	1:28.60
	200m: 2:45.13	400m: 5:43.88	1:29.82	600m: 8:42.65	1:30.00	800m: 11:36.43	1:25.18
21.	Aukje Koetsier	Kimbria	11:33.20	200002260	11:42.93		
	100m: 1:20.10	300m: 4:17.82	1:29.71	500m: 7:17.83	1:29.09	700m: 10:15.23	1:28.54
	200m: 2:48.11	400m: 5:48.74	1:30.92	600m: 8:46.69	1:28.86	800m: 11:42.93	1:27.70

